Aquatics Employment Certification Checklist August 2005

REQUIRED CERTIFICATIONS:

Red Cross Lifeguard Training: The Seattle Parks and Recreation teaches American Red Cross Lifeguard Training. This course is approximately 30 hours in length and includes Lifeguard Training, Community First aid and Safety, CPR for the Professional Rescuer/AED. There is also an optional 4 hour module that helps prepare students for the Northwest Lifeguard Test.

This American Red Cross course is your first step in becoming a lifeguard for the City of Seattle. The purpose of the Lifeguard Training Course is to train, educate and test an individual's ability to be a professional lifeguard.

Lifeguarding and First Aid Certifications are valid for three years. CPR For the Professional Rescuer/AED is valid for one year.

⇒ Northwest Lifeguard Test: The Northwest Lifeguard Certification Test is offered on a regular basis at pools in the Greater Seattle area. The test is sponsored by the Seattle/King County Chapter of the American Red Cross in cooperation with recreation departments of City of Bellevue and City of Seattle.

The purpose of this test is to examine your ability to perform a series of lifeguard, rescue, and physical skills required by many northwest aquatic agencies, including Seattle Department of Parks and Recreation. Any candidate that does not pass a section is strongly encouraged to complete the rest of the test for practice and experience.

Northwest Lifeguard Test Certification is valid for two years

ADDITIONAL DESIRED (But not required) **CERTIFICATIONS**:

Red Cross Water Safety Instructor: The Seattle Department of Parks and Recreation teaches American Red Cross Water Safety Instructor (WSI). This, approximately 30 hour, course includes motor learning theory and practical methods for teaching a variety of swimming and aquatic skills.

While not required for temporary employment as a lifeguard, a large portion of the Parks Department's aquatics program is teaching Red Cross swimming lessons. WSI's are preferred job candidates because of the level of teaching

training they have received. This certification also helps temporary staff if they choose to apply for permanent positions for which WSI is required.

WSI teaching authorization is valid for two years

Red Cross Lifeguard Training Instructor: The Seattle Department of Parks and Recreation teaches American Red Cross Lifeguard Training Instructor (LGI). This, approximately 30 hour, course includes practical methods and theory for teaching Life Guarding and Water Safety.

While not required for temporary employment as a lifeguard, all of our lifeguards hold Red Cross Lifeguard Training certification. LGI's are preferred job candidates because of the level of teaching training they have received. This certification also helps temporary staff if they choose to apply for permanent positions.

LGI teaching authorization is valid for two years



AQUATIC APPLICATION

Mail to:

Seattle Parks and Recreation

Citywide Aquatics South Lake Union Park 860 Terry Avenue North Seattle, WA 98109

Citywide Aquatics (206) 684-7185

Last Name		First Name	First Name		Date	
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